

Prayer is the answer to every problem in life. It puts us in tune with divine Wisdom, which knows how to adjust everything perfectly. So often we do not pray in certain situations because from our standpoint the outlook is hopeless. But **nothing is so tangled that it cannot be remedied**; no human relationship is too strained for God to bring about reconciliation and understanding. No habit so deep rooted that it cannot be overcome. No one is so weak that he cannot be made brilliant. **Whatever we need, if we trust God, He will supply it. If anything is causing worry and anxiety, let us stop rehearsing the difficulty and trust God for healing love and power.**” - Review and Herald, October 7, 1865.

Sanctuary Prayer Devotional Method

1. **Enter His Gates With Praise**
 - a. Bible Reading / Spirit of Prophecy
2. **The Altar of Sacrifice**
 - a. Confession of personal sin
 - b. Submit to God and resist the devil by claiming God's Promises
3. **The Laver of Washing**
 - a. Ask God to exchange your weakness with His strength; your selfishness for His love; your pride for His humble submission; your sinfulness for His perfect righteousness.
4. **The Candelabra**
 - a. State anew your desire to be filled with the Holy Spirit, asking the Lord to endow you with the same qualities, which filled Him during His earthly sojourn. Ask for wisdom, understanding, counsel, power, knowledge, reverent submission, and judgment.
5. **The Table of Shew Bread**
 - a. Lay all your plans at Christ's feet to be directed by Him as He sees fit. Ask God to enable you to wear His complete armor today and deliberately put it on.
6. **The Altar of Incense**
 - a. Pray for personal integrity and purity.
 - b. Pray for the spirit well being of family.
 - c. Pray for church leadership / family
(World, Union, Conference, Local)
 - d. Pray for Countries leadership / World Issues
 - e. Pray for world evangelism.

“At all times and in all places, when the outlook seems dark and the future perplexing, and we feel helpless and alone, the Comforter will be sent in answer to the prayer of faith. Circumstances may separate us from every earthly friend, but no circumstance, no distance can separate us from the Heavenly Comforter.”

Wherever we are, wherever we may go, He is always at our right hand to support, sustain, uphold and cheer.”

*Desire of Ages
p. 669, 670*

*Some have lived in sadness for years, waiting for some marked evidence that they have been accepted by God... After a time some of these do receive evidence of their acceptance with God and are then lead to identify themselves with His people. And they date their conversion from this time. **But I have been shown that they were adopted into the family of God before that time. God accepted them when they became weary of sin and having lost their desire for worldly pleasures, resolved to seek God earnestly...**” (Manuscript 55, 1910).*